

# BIG GIRLS DON'T CRY

*Rhalou Allerhand investigates the ample  
underbelly of fat fetishism*

*Illustrations: Sainty*

With most modern women buying into size zero hysteria and spending a large proportion of their time obsessing over their weight, their diet and what's in their wardrobe in an ongoing bid to become whippet thin, it's a wonder there's any time to even eat dinner. But contrary to what high fashion decrees, the average red-blooded male appreciates the natural curves of a woman. Anyone sexually attracted to a female body that doesn't wobble whatsoever is secretly gay, reads too many fashion magazines or misguidedly thinks Madonna makes a good rôle model.

Women are built to be shapely and curvaceous, and stick-thin supermodels just

don't represent the norm, yet many of us still think small means sexy and strive to be slim. Despite this, with unlimited access to so much fast food these days, it's extremely easy to pile on a few more pounds than necessary, and the average British woman is an ample size 16. Fortunately there's a bubbling underbelly of boys who simply love a big woman, some even to the point of obsession.

**Contrary to** what the fashion mags say, lots of men prefer their women bigger. Colin, a representative from *Dimensions* magazine, a resource for big beautiful women (BBW) and fat appreciators (FA), has always been

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attracted to larger ladies. 'I consider plus-size women to be elegant, sexy, attractive and desirable. I always felt that way; as far back as I can remember. Asking why I specifically feel this way is like asking what the appeal of blond hair or certain facial features is. I just find fat women sexy. To me fatness is extremely erotic while slenderness is not. There is no reason or explanation. It is simply the way we are genetically programmed.'

Fetishising erotic weight gain often causes a furore in fat appreciation circles. Is it a fetish to only fancy fat girls? Or more of a sexual persuasion? And in a world where we're all rapidly gaining weight, how does this affect fat acceptance?

For it to be full-blown fetishism, fat must be an absolute necessity for sexual arousal, but Colin argues that his appreciation of big women is about taste and not fetishism, 'It is a sexual preference, and really more than that. I like to be around fat people in any context.'

It was Colin's interest in larger women that led to his involvement in *Dimensions* magazine. 'I was a member of NAAFA, the Nation-

al Association to Advance Fat Acceptance, a civil rights group in the United States. The group had many male members who were FAs and wanted to offer them a place where they could discuss their preference. This led to the creation of the FA-SIG in 1984, the Fat Admirer Special Interest Group. The group eventually became *Dimensions*, a size-positive magazine and then community.'

Some FAs argue that if the chubby chaser archetype became more mainstream, being fat will be less of a social and cultural stigma, although publishers have slowly started to catch on. 'There was no web presence when I first began pursuing my interest. Even finding print magazines featuring fat women was almost impossible,' says Colin. 'The few that were around were mostly sold in novelty shops and ridiculed fat models. It took quite some time until publishers realised there were men who preferred fat women.'

One argument against the concept of fat fetishism is that it undermines social movements towards fat acceptance, through counter-productive objectification and dehumanisation of fat people. 'Like most in the size acceptance movement, I am frustrated with the way fat people are discriminated against and ridiculed,' says Colin. 'In the US, the majority of the population is statistically overweight. If all fat people voted as a block, size discrimination would be outlawed within a very short time. Instead, fat people are generally ashamed of their bodies and bullied by society and the weight loss industry.'

Colin maintains that the *Dimensions* community is not about fat fetishism. '*Dimensions* is size-positive. People should be allowed to lead a happy, fulfilled life no mat-



ter what size they are.'

**Out** in the big wide world, though, there is a small minority of enthusiasts who take their fetish for fat girls one step further and encourage their ladies to literally pile on the pounds for passion. Feederism is the term often used to refer to the act of feeding one's partner, encouraging eating, or serving large quantities of food in order to achieve sexual pleasure from the act, or from the process of gaining weight, and modifying the body, and some chaps like their women really big. Not just Marilyn Monroe's size 16 curves, but 300 kilogrammes of fat: women the size of sumo wrestlers, women the size of mattresses, and women who can't even physically get out of bed.

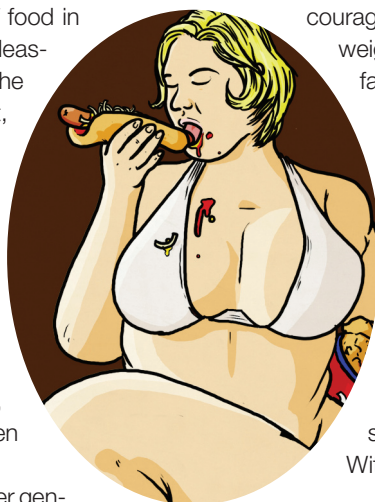
Although the term feeder generally holds negative connotations, it can apply to when both the feeder and the feedee obtain gratification from weight gain, and not just when one person coerces their partner into it. If it's a consensual arrangement and the woman is more than happy to gorge on pies for her partner's pleasure, then all power to her, but feederism does raise important issues regarding consent and free will.

We've seen a lot in the press over the past few years about feeders preying on vulnerable women and encouraging them to gain weight, but Colin argues that this negative press has little basis in reality. 'It's

not reflective of the BBW/FA community at all. It's just that the media is in love with the concept of evil stalkers and vulnerable victims and tries very hard to find it in real life, even if it hardly exists.'

In their defence, most FAs argue that members of their community stick to the realm of fantasy and remain aware of rational boundaries. 'Anyone who wanted to encourage his or her partner to gain weight should realise that it's a fantasy and should be treated as such,' explains Colin. 'If someone is attracted to a person who is much larger, then they should seek a relationship with such a person.'

As with any fetish or sexual persuasion, consent is crucial. 'Anything between a couple must be safe, sane and consensual. Within the context of sexual



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fantasy, encouraging or playacting is fine. Forcing someone in real life is not. However, if a woman is obsessed with dieting, I think it's perfectly okay to suggest to her she is desirable and lovable any which size she is. If you're interested in BBWs you should go for it. View it like any other preference, seek out a fat woman, and be happy.'

**Adam**, a devout FA from London, has always been attracted to big women. 'I can't really explain why. All of that delicious flesh for me to dip my fingers into, the bigger the better! Women are supposed to be curvaceous and bootylicious. Big, beautiful women are like unexplored islands.'

He doesn't find thin women attractive. 'I had a naturally slim girlfriend when I was younger and to be honest, although I cared about her, I just wasn't that attracted to her. She was too bony and masculine; women are supposed to be soft and bouncy and curvaceous. But no matter how much I persuaded my ex to eat more, she still wouldn't gain a pound. I wasted a lot of good dinners on her freakish metabolism!'

Adam doesn't consider himself to be a fat fetishist. 'Just like some men prefer petite women and some women only fancy body builders, I've always preferred big women. Having said that, if a fetish is like a sexual compulsion, and my love for BBW has bordered on the obsessive on occasion, perhaps it's a bit of both. Something about a big sexy wobbly woman just drives me wild.'

But social stigmas surrounding fat people need to be challenged, says Adam. 'I distinctly remember the first time I ever saw a picture of a really big woman naked, and it was thanks to lots of intensive Internet re-

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search. Where else could I find pictures or watch movies of BBWs confidently enjoying delicious food? I wish BBWs were more socially accepted though, so I could see them in bikinis on the beach and out in bars more. It would be heaven.

'Obviously there's been lots of negative coverage about feeders on the telly and there are implications with force-feeding someone, but I tell you, watching a woman eating, it's like nothing in this world. If she's game to gain weight, then just watching a woman eating and enjoying her food, and the magnificent way her body changes and swells and develops. It's miraculous, and organic, and natural, and very, very sexy.'

Even if it's not considered to be a 'fetish', Adam agrees that FAs need to remain mindful that erotic weight gain should only occur between consenting adults, and there's a thin line between supporting someone no matter what weight they are, and manipulating them into gaining weight. 'I have come under fire in the past for encouraging a girlfriend to gain, and of course forcing someone to do anything they don't want to do is a

no-no! But if I think my girlfriend would look really sexy if she carried a little more weight and tell her so, I don't consider that to be any different to suggesting to your girlfriend she's gained too much if you're into skinny girls. Obviously suggestion is a bit different to coercion.'

### **Mistress Taylor St Claire,**

a content producer from Las Vegas, regularly shoots and produces movies clips featuring all manner of different fetishes. 'My business partner and I cater our videos to a wide variety of interests such as sneezing, inflation, WAM, giantess, female growth and shrinking, chastity, tease and denial, spitting, lift and carry, mouth soaping, humiliation, face stuffing, smoking (human ashtray), various forms of fem dom, toilet talk, farting and pee, butt crush, lap sitting



and more.' She's had some incredibly bizarre requests. 'One guy wanted to be captured, shaved, speared and cooked over an open fire and served as dinner to a group of women. I get requests all the time for things such as scat, Roman showers, menstruation, they almost don't seem bizarre since they are so common. I don't shoot them, though, because they are illegal.'

Some requests have been more extreme than others. 'One guy keeps sending me e-mails asking if one of the girls I shoot will "poop on a stuffed animal". He then wants the animal sent to him.'

Mistress Taylor has found that inflation, growth and weight gain is getting increasingly popular. 'Since I began shooting female growth videos I've gotten requests for foot growth, ear growth, penis growth and nose growth. We have only shot foot growth so far and we did okay with it so it does have some fans.'

She started catering to FAs after gaining weight herself. 'I quit smoking over a year ago and gained a ton of weight fast. I was shocked at the number of guys who wrote to me and told me they like me heavier. Since I take requests for videos I started getting requests for eating, showing off my new weight gain etc. I did a couple of videos of this nature and started shooting other girls in the same way. The more I shot the more requests came in.'

Mistress Taylor thinks fat appreciation

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